

Tower House 1066 Breakfast menu sample

Tower House 1066 we pride ourselves on our fresh locally sourced produce and our free range eggs. We supplement our ingredients from our own kitchen garden, ensuring that our ingredients are at their freshest- from the garden to the table, our menu is updated regularly to include seasonal specials.

A cold buffet is provided to start with including a variety of fruit juices and selection of cereals (with the milk of your choice, local semi skimmed or, soya, oat or rice), yoghurt, and fruit selection, followed by:

A beverage of your choice. Filter Coffee or Tea made with REAL tea leaves. Decaf coffee and tea as well as variety of fruit and herbal infusions available.

A variety of traditionally made breads by our local award winning baker.

Full Sussex Breakfast

Traditional sausage and bacon (cooked how you like it), local free range eggs, mushrooms, tomato and baked beans.

Tower House meat free/vegan Breakfast

Meat free sausage and bacon, mushrooms, tomato, and baked beans. Local free range eggs.

A Lighter Bite

Two warm butter croissants or crumpets, served with both cheese and ham, or whole fruit preserves and honey (local when possible).

Boiled Eggs and dipping soldiers

Free range eggs with buttered soldiers for dipping, natural food at its best. Bread is made by our local award winning baker.

Porridge

Whole oat porridge, made with milk/Soya, finished with a swirl of cream/Soya cream and either a drizzle of honey or soft brown sugar flavoured with cinnamon

Pancakes with fruit compote and crème fraiche*special

American style pancakes served plain with butter and syrup, or with berry fruit compote and a swirl of crème fraiche.

Baked eggs*special

Slow baked eggs, with a swirl of cream, black pepper and finished with a drizzle of white truffle oil. Served with speciality bread.

Smoked Salmon and Scrambled eggs *special

Rich and creamy scrambled eggs as you like them with smoked salmon with a grind of pepper, and a snip of chives on a toasted muffin.

Kippers (local when possible) with or with out poached egg

Lightly smoked kippers with butter, served with our local bread

We are happy to cater for special dietary needs, so please advise us when booking, so that we can offer you a variety of choices.